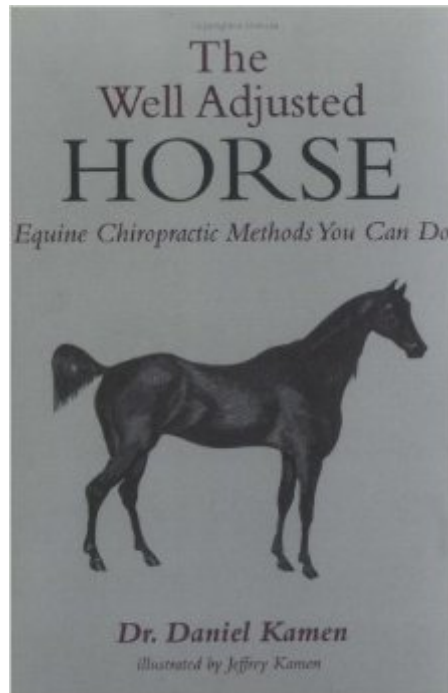


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# The Well Adjusted Horse: Equine Chiropractic Methods You Can Do



## Synopsis

Horse riders, horse lovers, equestrians everywhere will enjoy this new book from our favorite colorful chiropractor, Dr. Daniel Kamen. Here in his latest animal chiropractic book Dr. Dan explains how any horse owner or stable keeper can take proper care of their animal. These animals are the equine version of a highly trained athlete, he says, and like any athlete they are susceptible to injury. Whether the patient is human or animal, the basic chiropractic technique's manipulating the spine to return misaligned bones's is the same. Kamen says, "If it has a spine, I can work on it." With the aid of a step ladder for height, and a few easy to follow techniques you can learn how to give your animal the proper care he needs to keep him on track. Dr. Kamen has treated racehorses he says, for what he terms, "a nagging backache." With his trademark humor, highly entertaining stories about his adventures as an animal chiropractor, Dr. Kamen has again delivered a book that will be delight to equestrians. A wonderful giftbook for horse-lovers. So ... Happy trails!

## Book Information

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Average Customer Review: 4.0 out of 5 stars Â Â See all reviews Â (33 customer reviews)

Best Sellers Rank: #525,538 in Books (See Top 100 in Books) #135 in Â Books > Medical Books >

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Animal Care > Horses

## Customer Reviews

As background to this book review, I have recently taken a class in equine chiropractic from one of Dr. Kamen's friends, Dr. Bill Hampton (see [...]) who is a retired human chiropractor and previously taught at Palmer College of Chiropractic ([...] Dr. H. does all the work on Pat Parelli's animals ([...]) as well as many other 6-figure horses. (Unfortunately Dr. Kamen no longer teaches these classes on a regular basis.) Dr. Hampton's two day class applies the Gonstead technique & philosophy ([...]) to horses and that course material is paralleled almost exactly in this book. The class comes with two other lab books by Dr. K. (neither are as good as "The Well Adjusted Horse") as well as DVD

videos showing the chiropractic techniques and equine anatomy, plus a Parelli DVD. This book does NOT come with the class. While I disagree with the reviewer who was aghast at this book (mainly the idea of adjusting your own horse) and rated it a 1 (based on their review I doubt they have bought it & read it!), I would agree with them in that you should not just skim over this book and go try it. It is well worth every penny of the \$450 for the class, performing each technique on your own horse under an expert's tutelage. I read this book before taking the class and practiced some of the set-ups, but I did not actually adjust a horse until the class. Equine chiropractors in my area tend to use the long-lever technique which can be quite brutal. I had the atlas (C1) of two horses adjusted by a local vet, and he first doped the horse, twitched the lip, used the twitch to leverage the chin over the withers, and impaled using the twitched lip! It cost \$100 per horse for a licensed vet to bloody the lips of my animals like that (although it did fix the subluxation).

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